



All-State Auditions

Required Dance Skills – Foundation

Below is the list of Required Dance Skills for All-State. For 2024 and beyond, these dance skills represent the technical foundation dancers should possess in order to audition for All-State. This is not an all-inclusive list of the technical skills dancers will encounter at auditions. This list is simply to help coaches and dancers gauge whether or not the seniors on their team are prepared to audition at All-State. If a dancer does not possess these skills and is unable to perform them with ease, then chances are high that they will not do so well in auditions and may feel very uncomfortable when auditioning the technique across the floor or in the All-State Routine. If a dancer does not possess these technical skills, they are still welcome to audition, but must be mindful that skills will not be broken down during the audition.

It is up to each coach to determine, for each of their senior dancers, whether or not they recommend that dancer audition for All-State. If a coach wishes to “push” their dancers beyond their skill set in order for their dancers to experience the audition process, then that is their choice. We just ask that those coaches prepare their dancers mentally for what to expect.

Required Dance Skills for All-State Eligibility

The participant must be prepared to execute skills on both the left and the right during the audition process. Skills may be requested to be seen during across the floor technique, or they may be in the routine. Combined skills may be seen in the routine. This list is not all encompassing of the skills dancers will be asked to perform during their audition.

Turns

Pirouettes

- Triple pirouette on the right in parallel or turned out passé
- Double pirouette on the left in parallel or turned out passé

Turns in Second

- Right: Four turns in second into a double turn, parallel passe, end by jumping out into second position
- Left: Two turns in second into a double turn, parallel passe, end by jumping out into second position

Leaps/Jumps (all on the right and left if applicable)

- Split leaps (grande jeté or développée)
- [Center leaps](#)
- [Toe touch](#)
- Firebird (jump from the front or back off of two feet)
- Stag jump
- [Calypso jump](#)

Kicks

- Kicks to the front and side executed with proper technique and to face height at minimum
- Kicks into arabesque, kicks reach 90 degrees. Dancers can go into a ponche without touching the floor from arabesque.
- Tilt kick