

EXECUTION

Rewarding the **ability** of the **Dancer. Team and Individual** movements.

Speak to the **Dancer** and the **Coach**.

Terminology Reference:

Plié, Relevé, Rotation, Pirouette, Fouetté, Attitude, Sternum, Scapula, Elongation, Grande Jeté, Battement, Flexion, Extension, Alignment, Center, Balance & Stability, Neuromuscular Efficiency, Coordination, Muscular Conditioning, Safety & Control, Precision, Uniformity, Timing, Recovery, Clarity

None of the time,
to very little of the time

Very little of the time,
to less than ½ the time

About ½ the time,
to most of the time

Most of the time,
to almost the whole time

Almost the whole time,
to all the time

Novice 30-39			Developing 40-50			Average 51-70			Advanced 71-90			Expert 91-100		
No Experience	Very Little Experience	Some Experience	Minimal	Basic	Moderate	Average	Above Average	Very Good	Proficient	Advanced	Outstanding	Expert	Extra-ordinary	Un-precedented
30-32	33-36	37-39	40-42	43-46	47-50	51-57	58-64	65-70	71-77	78-84	85-90	91-93	94-97	99-100

TECHNIQUE	CONTROL	PRECISION
<i>Reward the performer's proper demonstration of:</i>	<i>Reward the performer's proper demonstration of:</i>	<i>Reward the performer's accuracy & clarity as a team for:</i>
<p>Technical Foundation, Proper use of:</p> <ul style="list-style-type: none"> • Plié at the start and end of each movement • Relevé throughout turns, 3/4 of full foot potential. • Extension of all extremities throughout all movements. • Spotting throughout turns. <p>Rotation & Placement, Evaluate the following:</p> <ul style="list-style-type: none"> • Style Appropriate- Parallel or Traditional rotation. • Placement- Relaxation in arms, proper flex/point of whole foot. • Arms- Movement initiation coming from scapula. • Extension- Rotation initiated at body joint. • Flexibility- Proper rotation and posture demonstrated throughout movement. 	<p>Body Alignment:</p> <ul style="list-style-type: none"> • Proper alignment of the 5 kinetic chain check points/legs throughout routine and choreography, unless choreography calls for them to be out of alignment. • Elongation- Proper posture: Shoulders down sternum lifted. <p>Physical Dynamics and Conditioning:</p> <ul style="list-style-type: none"> • Core, Balance & Stability- clear understanding & use of center. No wobbling unless clearly called for in choreography. • Muscular Endurance - Ability to maintain proper alignment, form & strength required over time (entire routine). • Muscular Strength- Ability to control the rise and decent of each movement. <p>Quality:</p> <ul style="list-style-type: none"> • Safety of movement- There is little/no risk of injury. • Muscular Awareness- Initiation & knowledge of movements origin. Quality of control; Proper Balance 	<p>Uniformity:</p> <ul style="list-style-type: none"> • Unity - Clearly defined & synchronized movements, within whole groups, small groups and individuals, • Timing - Movements are synchronized with the music (or the intended driving force of the choreography), • Body Direction & Placement - Uniform direction & placement of entire body: head/neck, shoulders, arms, core/hips, legs, knees, ankles, & feet. <p>Recovery:</p> <ul style="list-style-type: none"> • Dancers quickly recognize & correct performance errors in the written choreography, as a: <ul style="list-style-type: none"> • Team • Individual • Group • Dancers use peripheral vision to seamlessly adjust errors, while continuing to dance.

Assigning Scores:

- Assess the **skill levels** demonstrated for each sub-caption.
- Assign scores based on the **average consistency** of that skill, demonstrated **by the dancers**, throughout the routine.

Commentary - Be Specific:

- **What** is working?
- **What** is not working?
- **Why?**
- Balance **positive** and **constructive** comments.

CONTENT

Rewarding the **skeleton** and **design** of the *movement* and *formations* showcased.

Speak to the **Coach** and **Choreographer**.

Terminology Reference:

Complexity, Layering, Levels, Texture, Void Space, Focus, Creativity, Uniqueness, Contrast, Phrasing, Musicality, Upbeat, Downbeat, Syncopations, Flow, Transitions, Movement, Organic, Ensemble, Individual, Demand, Ability, Challenge, Combined Skills, Variety, Balance, Agility, Quickness, Quality, Appropriateness

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CHOREOGRAPHY	COMPLEXITY
<i>Reward the routine's creative written choreographic design through:</i>	<i>Reward the routine's written use of choreographic & staging difficulty through:</i>
<p><u>Style & Creativity:</u></p> <ul style="list-style-type: none"> Individual & ensemble choreography is unique, inventive & demonstrates a strong adherence to style. <p><u>Musicality & Phrasing:</u></p> <ul style="list-style-type: none"> Choreography is driven by the music. Choreography utilizes multiple beats, sounds, rhythms, vertical layers, levels & syncopations. Choreography animates the music & brings the audio track to life. Phrases are full, complex, & continuous. If the beats, rhythms, or vocals in the music are <u>not</u> the intended driving force behind the choreography, is the interpretation and intent of the choreography apparent? <p><u>Movement:</u></p> <ul style="list-style-type: none"> Choreography flows & easily transitions from one movement to the next. Movement & transitions are appropriate for the style of dance. <p><u>Layers/Levels:</u></p> <ul style="list-style-type: none"> Choreography has intricate levels and layers that are well-coordinated with the forms and staging. 	<p><u>Demand:</u></p> <ul style="list-style-type: none"> Choreography can demonstrate demand on the dancer in many ways. Consider the following: <ul style="list-style-type: none"> Aerobic & strength conditioning required Technical skills required Challenges of stability, balance & use of center Speed, agility & quickness Performer-to-performer responsibilities Demands of the staging & formations Complexity of transitions, weight sharing, & stunting <p><u>Combined Skills:</u></p> <ul style="list-style-type: none"> Technical & athletic dance combinations are challenging. Combined & layered skills are demonstrated simultaneously. Flexibility, ambidexterity, directional changes & multiple planes of motion are utilized within combinations. <p><u>Appropriateness:</u></p> <ul style="list-style-type: none"> Demand on the dancer is appropriate for the skill level & training of the dancers on the team. Choreography is safe for the dancers to perform.

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Commentary - Be Specific:

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EFFECT

Reward the **performer** and the **routine, overall show design/collaboration**.

Speak to the **Dancer, Coach, and Choreographer**.

Terminology Reference:

Inventive, Purposeful, Unique, Story, Theme, Idea, Concept, Coordinated, Well-Planned, Well-Developed, Complete, Musicality, Audio, Character, Mood, Emotion, Role, Engaged, Audience, Genuine, Expression, Confidence, Fresh, Consistent, Progression, Interpretation, Appreciation, Artistic Design, Emotional, Aesthetic, Intellectual, Surprise, Quality, Sophistication, Maturity, Memorable, Impression

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CREATIVITY

PROJECTION

Reward the show's inventiveness of performance design through:

Reward the performer's emotional commitment & communication abilities for:

Concept:

- **Theme, storyline or concept** is **imaginative, purposeful & well planned**.
- **Concept** is **unique**, rather than ordinary.
- **Concept** is **conveyed well**.
- **Audio/music** selections are of **high quality & have a clear relationship to the theme/idea**.
- **Audio enhances the show**.

Visual Coordination:

- **Visual elements** of the show are **carefully planned and coordinated**.
- **Design elements** of the show **all work together: Staging, transitions, choreography, phrasing, pacing, musicality, costuming, and environment** (sets & props, if used).

Progression of Design:

- **Concept or story builds and develops** throughout the routine/show.
- **Concept or story is complete**.

Delivery & Communication:

- **Performance is genuine**
- **Dancers** use **whole body projection & expression**.
- **Dancers communicate the intended story/concept/style** to the audience
- **Dancers** keep the **audience engaged** in their performance.

Character:

- **Dancers understand their role**.
- **Dancers commit to convey their character, mood, or emotion**.

Confidence:

- **Dancers convey confidence, energy, performance stamina, power and eye contact**, as appropriate for the style, story or concept presented.

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