



## **All-State Auditions**

### **Required Dance Skills – Foundation**

Below is the list of the Required Dance Skills for All-State. These are the same dance skills that have been in effect for several years. The difference is in what these required elements now represent. For All-State 2012 and beyond, these dance skills represent the technical foundation dancers should possess in order to audition for All-State. This is not an all-inclusive list of the technical skills dancers will encounter at auditions. This list is simply to help coaches (and dancers) gauge whether or not the seniors on their team are prepared to audition at All-State. If a dancer does not possess these skills and is unable to perform them with ease, then chances are high that they will not do well in auditions and may feel very uncomfortable when auditioning the Technical Across-the-Floor or All-State Routine. If a dancer does not possess these technical skills, then we encourage them to skip auditions and join us for the drop-in dance classes offered at All-State instead.

It is up to each coach to determine, for each of their senior dancers, whether or not they recommend that dancer audition for All-State. If a coach wishes to “push” their dancers beyond their skill set in order for their dancers to experience the audition process, then that is their choice. We just ask that those coaches prepare their dancers mentally for what to expect.

# Required Dance Skills for All-State Eligibility

The participant must be able to execute BOTH styles of pirouette (Double Pirouette or Double Jazz Pirouette) on both feet for eligibility. Participant must be prepared to execute either style of pirouette in the Technical Across-the-Floor and the All-State Audition Routine.

## R-Double Pirouette

### L-Double Pirouette

- A Begin and end in 4th position
- B Lifted leg in turned out passé

## R-Double Jazz Pirouette

### L-Double Jazz Pirouette

- A Begin in parallel 4th position and end in parallel 1st position
  - B Lifted leg in parallel passé
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## R-Double Chaine Turns

### L-Double Chaine Turns

- A Begin in a front tondué and end in a tondué-arabesque
  - B Feet come together during turns
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The participant must be able to execute BOTH styles of leap (Grand Jetés or Split Leaps) on both sides for eligibility. Participant must be prepared to execute either style of leap in the Technical Across-the-Floor and the All-State Audition Routine.

## R-Grand Jetés

### L-Grand Jetés

- A Start with a chasse with a single step---into 3 Grand Jetés, passing through 1st with a straight leg
- B Strive to be in a full split (flat) position in the air

## R-Split Leaps

### L-Split Leaps

- A Start with a step ball-change with a single step---into 3 Split Leaps developing the leg each time
  - B Strive to be in a full split (flat) position in the air
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Dancers should be prepared to execute proper kick technique and splits in the Technical Across-the-Floor and the All-State Audition Routine.

## R & L High Kicks

- A 10 alternating high straight kicks
- B High kicks: at least to the top of head
- C Prep with feet/knees in parallel position, together every time (no bicycling)
- D End with a Prep---feet together

## R & L Splits

- A Face sideways---slide into split
  - B Arms are down and touch floor for balance and/or to prevent injury
  - C Once full split is achieved, the participant may choose to raise arms into "V" and hold for the verbal "8" count
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